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KANSAS ASSOCIATION *of* SLEEP PROFESSIONALS



Annual Fall Conference

Friday & Saturday,
September 18 & 19, 2009



Location:

Ball Conference Center
21350 W. 153rd St., Olathe, KS



Target Audience:

Physicians, Sleep Professionals, Nurses, Respiratory
Therapists and Other Allied Health Care Specialists



Sponsored by:

Kansas Association of Sleep Professionals and The University
of Kansas Medical Center Continuing Education and
Area Health Education Center East



Web site: www.Kansas-Sleep.com

Kansas Association of Sleep Professionals
Annual Fall Conference
September 18 & 19, 2009



KU MEDICAL CENTER
The University of Kansas

University of Kansas AHEC
PO Box 296
Pittsburg, KS 66762

Continuing Education Credit

All participants are required to sign attendance rosters once a day. Continuing education credit will be prorated according to documented attendance.

Physicians: This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of The University of Kansas Medical Center Office of Continuing Medical Education and the Kansas Association of Sleep Professionals. The University of Kansas Medical Center Office of Continuing Medical Education is accredited by the ACCME to provide continuing medical education for physicians.

The University of Kansas Medical Center Office of Continuing Medical Education designates this educational activity for a maximum of 12.0 *AMA PRA Category 1 Credits*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurses: The University of Kansas Medical Center Area Health Education Center East, as an approved provider of continuing education by the Kansas State Board of Nursing, presents this offering for a maximum of 14.4 contact hours credit applicable for relicensure of RNs, LPNs and LMHTs. Kansas Provider Number LT0056-0749. Continuing education credit will be prorated according to documented attendance.

AAST: 12 AAST contact hours

RT: The University of Kansas Continuing Education Evaluator, on behalf of the State Board of Healing Arts, approves this program for 12 hours of Continuing Respiratory Education, Category I credit (Provider #004). Continuing education credit will be prorated according to documented attendance.

ACHA: The University of Kansas Area Health Education Center East, as an approved Long Term Sponsor of continuing education activities for Adult Care Home Administrators by the Kansas Department of Health and Environment, presents this offering for a maximum of 14 contact hours Resident Care credit for relicensure. Kansas Sponsorship Number LTS-A0008. Continuing ACHA credit will be prorated according to documented attendance.

All other attendees will receive a certificate of attendance.

Planning Committee

| | |
|------------------------------------|-----------------------------|
| Henry Johns, RPSGT, CRT, CPFT, BS | William Leeds, DO, DABSM |
| Gary Carder, RPSGT, RRT | Deb Campbell, RPSGT, REEGT |
| Marianne Middleton MEd, RPSGT, RRT | Lori Nickel, RPSGT, RRT-NPS |
| Jerry Houchin, RPSGT, RRT, BS | Cindy Birdsong, RPSGT, RRT |
| Laura Hurmence, RPSGT, RRT, BA | Jeannie King, RPSGT, CRT |
| Terri Schmitz, RN, BSN | Kelly Elrod |
| MeLinda Lair | |

Program Accessibility

We accommodate persons with disabilities. Please call KUMC AHEC East or mark the space on the registration form and a continuing education representative will contact you to discuss your needs. To ensure accommodation, please register at least two weeks before the start of the conference. The sponsors are committed to providing programs and activities to all persons, regardless of race, religion, color, sex, disability, national origin, ancestry, sexual orientation, marital or parental status and, to the extent covered by law, age or veteran status.



Friday, September 18

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|------------------|---|
| 7:30-8:00 a.m. | Registration |
| 8:00-9:00 a.m. | Assessment & Treatment of Chronic Insomnia Michael Anderson, MD |
| 9:00-10:00 a.m. | Legislative Issues Henry Johns, RPSGT, CRT, CPFT, BS |
| 10:00-10:15 a.m. | Break |
| 10:15-11:15 a.m. | Children Are Not Just Small Adults: A Potpourri of Pediatric Sleep Disorders Robert Beckerman, MD, FAAP, FCCP |
| 11:15-1:00 p.m. | Lunch (on your own) |
| 1:00-2:00 p.m. | Pharmacology Hunter Hearn, MD |
| 2:00-3:00 p.m. | Auto SV Joyce Black, RRT |
| 3:00-3:15 p.m. | Break |
| 3:15-4:15 p.m. | Narcolepsy: Update for 2009 Teofilo Lee-Chiong, MD, DABSM |
| 4:30-5:30 p.m. | Open KASP meeting |
| 5:30-10:00 p.m. | Vendor Hall/Reception |

Saturday, September 19

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| 7:30-8:00 a.m. | Registration |
| 8:00-9:00 a.m. | KEY NOTE ADDRESS: Circadian Rhythm Sleep Disorders Teofilo Lee-Chiong, MD, DABSM |
| 9:00-10:00 a.m. | Cardiovascular/EKG Changes During Sleep Jon Adkinson, RPSGT |
| 10:00-10:15 a.m. | Break |
| 10:15-11:15 a.m. | Visual Rules for Sleep Staging and Scoring Arousals Mike Garrison, RPSGT, BS |
| 11:15-1:00 p.m. | Lunch (on your own) |
| 1:00-2:00 p.m. | Respiratory Scoring Rules Mike Garrison, RPSGT, BS |
| 2:00-3:00 p.m. | Obstructive Sleep Apnea and The Medical Dental Connection Larry Pribyl, DDS |
| 3:00-3:15 p.m. | Break |
| 3:15-4:15 p.m. | Home Sleep Testing Gary Hamilton, RRT |

Course Description

This program has been planned to increase knowledge and understanding of current diagnostic and therapeutic trends in sleep medicine for primary care physicians, adult and pediatric physicians, sleep professionals, nurses, respiratory care practitioners and other allied health specialists, as well as residents in training and students.

Objectives

At the conclusion of the program, participants will be able to:

1. Discuss the current status of sleep technology.
2. Describe current professional and legislative changes in sleep medicine.
3. Apply new changes in AASM scoring rules and guidelines in the clinical setting.
4. Understand why cardiac function and EKG values differ during sleep.
5. Identify chronic insomnia and implementation of treatment options.
6. Understand the mechanics, measurements and applications for dental devices for sleep disorder breathing.
7. Understand the multitude of sleep disorders that effect the pediatric population.
8. Understand medications and its effect on sleep parameters.
9. Recognize the need and options for home sleep testing.
10. Understand circadian rhythm and its role in sleep function.
11. Discuss the identifiers and treatment for narcolepsy.

Questions?

E-mail: kansassleep@yahoo.com

Registration/Cancellation

Both days, Sept. 18 & 19, (includes KASP membership fee for next year plus conference fee) - \$160 if postmarked by 9/4/09, \$190 thereafter.

Both days, Sept. 18 & 19, for non-KASP members (conference fee only) - \$210 if postmarked by 9/4/09, \$240 thereafter.

Single day, Sept. 18 or 19, for KASP members (conference fee only) - \$85 if postmarked by 9/4/09, \$115 thereafter.

Single day, Sept. 18 or 19, for non-KASP members (conference fee only) - \$110 if postmarked by 9/4/09, \$140 thereafter.

Student fee for both days - \$75 (no certificate) and must pre-register by 9/4/09.

Guest fee - \$20, only includes activities Friday evening & Vendor Hall.

Pre-registration by 9/4/09 is your only guarantee of space and handout material. A registrant may cancel no later than September 11, 2009 to receive a refund, minus a \$15.00 administrative fee. After that time, no refunds are made. The sponsors reserve the right to cancel this program in the event of insufficient registration. The sponsors will not be responsible for any losses incurred by registrants, including but not limited to airline cancellation charges or hotel deposits.

Hotel Information

A block of rooms has been reserved until **August 18** at LaQuinta Inn, 20570 W. 151st St., Olathe, KS, (913) 254-0111. Group rates start at \$65. When making reservations, please mention you are attending the "Sleep Professionals Conference". Breakfast and shuttle service to and from conference center are available.

Other hotels (group rates not applicable):

Best Western, 1580 S. Hamilton Circle, Olathe, KS, (913) 440-9762
 Holiday Inn, 101 W. 151st Street, Olathe, KS, (913) 829-4000
 Sleep Inn, 20662 W. 151st Street, Olathe, KS, (913) 390-9500

Kansas Assn. of Sleep Professionals September 18 & 19, 2009 ♦ Olathe, KS

Name _____

Organization _____

Professional Title _____

Professional License # _____

Address _____

City, State, Zip _____

Work Phone _____

Home Phone _____

Cell Phone _____

E-mail _____

Type of continuing education credit requested:

- CME CNE AAST RT ACHA
 Certificate of Attendance

Registration Fees:

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Method of Payment:

- Check enclosed made payable to: **KUMC AHEC East, PO Box 296, Pittsburg, KS 66762**
- Charge my credit card: MasterCard VISA
- Card # _____
- Exp. Date _____
- PO # (please attach) _____

Ways to Register:

Phone: (620) 235-4040 Fax: (620) 235-4041
 Mail: **AHEC East, PO Box 296, Pittsburg, KS 66762**

- If you will need special accommodations, please mark space provided and return to KUMC AHEC East by September 4, 2009. You will be contacted personally by a member of the continuing education staff.